



Dear Parents/Caregivers & Students

Thank you for nominating for our swimming time trials on **Monday 23rd March – week 8.**

Students will be leaving the school by bus at approximately 10:30 am and will be returning in time for the end of the school day at 3:00pm. The first event will start at **approximately** 11:45am.

Special clothing or other items required: Students will need to take with them sunscreen, sun smart (bucket) hat, water bottle, towel, **healthy snacks** and a change of clothes (including warm jumper just in case) to change into at the pool. They will also need a towel, bathers and goggles. Students **WILL NOT** be permitted to use the canteen facilities at the pool.

Participants will need to change into their swimwear at school during before boarding the bus and put their school uniform over the top. We will have recess as soon as we arrive at the pool. Students will need to bring food that they can snack on as we will not have a formal lunch break. **PLEASE DO NOT PLACE A CANTEEN ORDER FOR YOUR CHILD.** Students may wish to bring extra food as students will be allowed to 'crunch and sip' throughout the afternoon.

**** Please note that results will be determined on each participant's TIME, NOT FINISHING POSITION. ****

WE WILL NEED PARENT HELPERS TO ASSIST WITH TIMING EACH RACE.
PLEASE INDICATE ON PERMISSION NOTE IF YOU ARE ABLE TO ASSIST WITH THIS.

The CHIEF JUDGE will oversee every trial.
The CHIEF JUDGE'S decision is final.
We appreciate your respect and understanding in this matter.

Unfortunately, there is no interschool swimming event this year but as swimming is an important part of the health and physical education curriculum, we will go ahead with the time trial event. Medals for Best Overall Qualifier and Runner Up Qualifier for boys and girls for each year group will be presented at the first assembly in term 2 – date to be confirmed. Result calculations are based on race times per student per stroke. Spectators invited to come and support our students but are asked to stay back from the pool deck.

The cost of the excursion is **\$15.00** per student.

ALL PAYMENT ENVELOPES (CONSENT NOTES AND MONIES) ARE TO BE TAKEN DIRECTLY TO THE SCHOOL OFFICE NO LATER THAN THURSDAY 19TH MARCH (week 7).

Regards
Jill vK

SHPS Swimming Time Trial Consent 2026

I consent to _____ Room _____
 participating in an excursion to undertake swimming time trials at Mandurah MARC on **Monday 23rd March 2026 (Week 8)**.

Please indicate stroke selection:

BREASTSTROKE **FREESTYLE** **BACKSTROKE**

Excursion & Medical Consent:

If your son/daughter has special needs and/or the excursion poses any health risks, eg if your child suffers from anaphylaxis, there may be risks associated with the provision of meals and storage of an adrenaline auto injector (Epipen) at the appropriate temperature. Please provide full details, including any relevant medical information below:

	Cause:	Does student carry medication with him/her?	Can student self administer if necessary?
<input type="checkbox"/> ANAPHYLAXIS			
<input type="checkbox"/> ASTHMA			
<input type="checkbox"/> OTHER (eg allergies)			

MEDICAL

I give permission for my son/daughter to receive medical treatment in case of emergency. I am aware that the school and its employees are not responsible for personal injuries or property damage that may occur on an excursion, unless the school or its employees are proven negligent.

Name: _____ **Signature:** _____

**Water based or swimming activities Advice:
 50m timed swimming trials in freestyle, breaststroke and backstroke.**

I give permission for my son/daughter to participate in the water based or swimming activities. I confirm that my child has **passed swimming stage 5 AND is able to swim 50m of breaststroke, freestyle or backstroke comfortably and unaided.**

DoE swimming stage achieved: _____ Date achieved: _____

Name: _____ **Signature:** _____

PHOTO RELEASE CONSENT

I give permission for my son's/daughter's photograph to be taken and used to report on this event and to promote future events in newsletters, websites, printed materials and social media pages.

Name: _____ **Signature:** _____

EXCURSION CONSENT

I give permission for my son/daughter to participate in the above event.

Name: _____

Mobile: _____ **Signature:** _____

I am able to assist with timing races on the dayYES / NO