

RECESS

Fruit Salad	\$4.00
Watermelon Cup	\$2.50
Apple Slinky	\$2.00
Carrot & Cucumber	\$2.00
Add Crackers and Hummus (GF)	Add \$1.00
Corn Cob	\$1.50
Pikelets x 3	\$2.00
Muffin	\$1.50
Cheesy Sub	\$1.00
Party Pie	\$1.00
Hash Brown x 1	\$1.50
Chicken Nugget	\$1.00
• Pack of 3	\$2.50
• Pack Of 5	\$4.00
Chicken Tender (Plain or Chilli)	\$2.00
Half Toasty	\$1.50
Gluten Free Half Toasty (GF)	\$2.50
• Cheese	
• Vegemite	

DAILY SPECIALS

Monday

Lasagne	\$5.00
Spaghetti Bolognaise	\$5.00

Tuesday

Nachos	\$5.00
Tacos	\$5.00

Wednesday

Hot Dog	\$5.00
Chicken Nuggets & Wedges	\$5.00

Thursday

Butter Chicken & Rice	\$5.00
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Friday – Pie Day! – All come with sauce.

Large Pie	\$5.50
Sausage Roll	\$5.00
Party Pies x 3	\$4.50
Party Sausage Roll x2	\$4.00
Plant Based Pie	\$5.50
Spinach & Ricotta Roll	\$5.00

DAILY ITEMS

<u>Mac & Cheese</u>	\$5.00
<u>Fried Rice GF</u>	\$6.00
<u>Satay Chicken & Rice (Peanut Free & GF)</u>	\$6.00
<u>Hot Chicken and Mayo Roll</u>	\$6.00
<u>Chicken Sub</u>	\$6.00
ADD Cheese	50c

<u>Chicken Wraps</u>	\$4.50Sm.	\$6.00Lg.
• Sweet Chilli		
• Plain		

<u>Bento Box –</u>	\$7.00
½ sandwich, cheese & crackers, vegie sticks, hummus and fresh fruit	

<u>Hot Bento Box –</u> ½ Cheese Pizza, Party Pie, Hash Brown, Nugget and a Corn Cob	\$7.00
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<u>Burgers</u>	\$6.00
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- Beef
- Cheese
- Chicken
- Fish
- Chicken Cheeseburger \$6.50

<u>Pizza</u>	\$5.00
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- Cheese
- Meatlovers
- Cheese & Ham
- Cheese, Ham & Pineapple

Pizza Gluten Free Base (GF)	\$5.50
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Toasties

- Cheese \$3.00 /GF \$3.50
- Vegemite \$2.00 /GF \$3.00
- Ham & Cheese \$4.50 /GF \$5.50
- Ham Only \$4.00 /GF \$5.00
- Chicken, Mayo & Cheese \$5.00 /GF \$5.50

<u>Filled Wraps/Sandwiches</u>	\$5.00
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- Ham & Salad
- Chicken & Salad
- Cheese & Salad
- As a roll +\$1.00

<u>Salad Box –</u> Chicken or Ham	\$6.00
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- Comes with salad of your choosing
- ADD Egg \$1.00
- ADD Cheese 50c

<u>Caesar Salad Box</u>	\$6.00
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DRINKS

Brownes Milk 300ml \$3.00

- Chocolate
- Strawberry
- Banana
- Spearmint

Juice Box \$3.00

- Apple
- Apple & Blackcurrant
- Tropical
- Orange

Juice Bomb \$3.00

- Orange/Passion
- Raspberry & Apple
- Lemonade
- Watermelon
- Grape
- Apple Blackcurrant
- Apple Coola

Water \$2.50

Up N Go (Subject to Availability) \$2.50

- Chocolate
- Vanilla
- Banana
- Strawberry

ICECREAMS – LUNCH

Froyo \$3.00

Moosie \$2.00

Vanilla Ice Cream Tub \$2.50

Juicie \$2.00

Sour Snap \$1.50

Icy Pole \$1.00

GLUTEN FREE MENU

RECESS

Fruit Salad	\$4.00
Watermelon Cup	\$2.00
Apple Slinky	\$1.50
Carrot & Cucumber	\$2.00
Add Crackers and Hummus	<i>Add</i> \$1.00
Corn Cob	\$1.50
Hash Brown x 1	\$1.50
Giant Choc Chip Cookie	\$4.00
Muffin – Apple & Cinnamon	\$1.50
Half Toasty	\$2.50
Cheese	
Vegemite	

LUNCH

Mac and Cheese	\$6.00
Fried Rice	\$6.00
• Ham	
• Vegetarian	
Beef Lasagne	\$6.00
Butter Chicken	\$6.00
Burger	\$6.00
• Beef	
• Cheese	
• Chicken	
Wrap	\$6.00
• Plain Chicken Tender	
• Fresh Chicken	
• Ham	
Toasted Sandwich	
• Cheese	\$3.50
• Ham and Cheese	\$5.50
Bento Box - ½ sandwich, cheese crackers, vegie sticks, hummus & fresh fruit	\$6.00
Pizza	\$5.50
• Cheese	
• Meatlovers	
• Ham & Cheese	
• Ham, Cheese & Pineapple	
Pie- Beef	\$7.00
Sausage Roll	\$7.00

Our menus are all in line with the Traffic Light System,
providing three serves of salad.

We aim to cater for all food allergies and intolerances,
you can let us know when ordering online or pop in
and see us!

Save time and download the Spriggy app