

Secrets Snack School Café

2016 Winter Menu



RARELY

MODERATION

GO FOR IT

Before School from 8.30am

- ♥ Fruit, Yoghurt & Muesli Cup \$1.00
- ♥ Yoghurt Tub \$1.50
- ♥ Fresh Seasonal Fruit \$0.50
- ♥ Pikelets \$0.30

Daily Lunch Specials **\$5.50**

Daily specials come with your choice of drink, excluding slushies. Please write your drink on your lunch bag.

♦ Monday -

Cheese & Bacon Pizza

♥ Tuesday -

Cheese Burger or Hamburger with Salad

♦ Wednesday -

Meat Pie or Sausage Roll with Sauce

♥ Thursday -

Chicken Strip or Crumbed Fish Sub with Salad

♦ Friday -

Hot Dog with Sauce

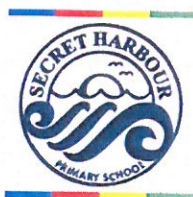
♥ - With water or milk

♦ - With LOL or Nudie Juice

Drinks

- ♥ Bottled Water \$2.00
- ♥ Up & Go \$2.00
- ♥ Warm Milo Cup \$1.00
- ♥ Cold Milo Box \$2.00
- ♥ Flavoured/Plain Milk \$2.00
- ♦ LOL Carbonated Juice \$2.00
- ♦ Nudie Fruit Juice \$2.00
- ♦ Slushies lunch only \$2.00

An assortment of healthy snacks, icy cups, ice creams & slushies are available from the canteen at the lunch break



Recess Snacks

An assorted variety of delicious healthy snacks are available every recess from 10c

- ♥ Cheesy \$1.00
- ♥ Jelly, Fruit & Custard Cups \$1.00
- ♦ Fresh Fruit Muffins \$1.00
- ♥ Frozen Milk Cups \$0.60
- ♥ Air Popped Popcorn \$0.50

Lunch Available Every Day

Sandwiches -

Wholemeal or white high-fibre. Fresh Roll, Wrap or Toasted .50c extra

Ham, Chicken, Tuna, Chicken Nuggets, Salad, Egg, Cheese, Baked Beans, Spaghetti, Curried Egg, Beetroot, Pineapple, Avocado, Vegemite.

- Choice of 1 x filling \$3.00
- Choice of 2 x fillings \$3.50
- Choice of 3 x fillings \$4.00
- Choice of 4 x fillings \$4.50

Snack Box Meal -

- A - Cheese & Ham wrap, fruit & veggie sticks, mini fruit muffin & drink \$6.00
- B - A boiled egg, fruit & veggie sticks, cheese & crackers, & drink \$6.00
- C - Chicken nuggets, salad, & drink \$6.00
- D - Mixed Salad, cheese & crackers & drink \$6.00

Hot Lunches -

- ♥ Hot Chicken & Mayo Roll \$4.00
- ♥ Hot Ham, Cheese Roll \$4.00
- ♥ Ravioli, Mac & Cheese, Spaghetti Bolognese, or Fried Rice \$4.00
- ♥ Jacket Potato with Butter \$4.00
- ♦ Wedges w/ Cheese (Tues/Fri) \$5.00
- ♥ Sushi with Fruit & Veggie Sticks \$5.00 (Chicken or Vegetarian)