

# Winter Menu



## Before School from 8.30am

- ♥ Fruit, Yoghurt & Muesli Cup \$1.00
- ♥ Yoghurt Tub \$1.50
- ♥ Fresh Seasonal Fruit \$0.50
- ♥ Pikelets \$0.30
- ♥ Up & Go \$2.00
- ♥ Hot Milo \$2.00

## Daily Lunch Specials **\$5.50**

Daily specials come with your choice of drink, excluding slushies. Please write your drink on your lunch bag.

**Monday – Pizza** (Pita bread base with assorted toppings)  
Cheese & Bacon, Hawaiian & Cheese.

**Tuesday –** (Must be served with 3 different salad toppings)  
Cheese Burger or Hamburger with Salad

**Wednesday –**  
Meat Pie or Sausage Roll with Sauce

**Thursday –**  
Nacho's with Salsa and cheese. Optional Sour Cream

**Friday –**  
Hot Dog with Sauce

## Drinks

- ♥ Bottled Water \$2.00
- ♥ Cold Milo Box \$2.00
- ♥ Flavored/Plain Milk \$2.00
- ♦ LOL Carbonated Juice \$2.00
- ♦ Nudie Fruit Juice \$2.00

♥ = Green item ♦ = Amber item

= Health for your teeth

## Lunch Sales

- Ice cups* \$0.60
- Ice cream tub* \$1.00
- Froyo2go* \$2.00
- Icy Pole* \$0.50
- Half Icy Pole* \$0.30
- Slushies* \$2.00



## Recess Snacks

- ♥ Cheesy \$1.00
- ♥ Jelly, Fruit & Custard Cups \$1.00
- ♦ Fresh Fruit Muffins \$1.00
- ♥ Frozen Milk Cups \$0.60
- ♥ Air Popped Popcorn \$0.50

## Lunch Available Every Day

### **Sandwiches –**

Wholemeal or white high-fibre. **Fresh Roll, Wrap or Toasted .50c extra**

Ham, Chicken, Tuna, Salad, Egg, Cheese, Baked Beans, Spaghetti, Curried Egg, Beetroot, Pineapple, Avocado, Vegemite.

- Choice of 1 x filling **\$3.00**
- Choice of 2 x fillings **\$3.50**
- Choice of 3 x fillings **\$4.00**
- Choice of 4 x fillings **\$4.50**

### **Snack Box Meal –**

- ♦ **A** – Cheese & Ham wrap, fruit & veggie sticks, mini fruit muffin & drink **\$6.00**
- ♥ **B** – A boiled egg, fruit & veggie sticks, cheese & crackers, & drink **\$6.00**
- ♦ **C** – Chicken nuggets, salad, & Drink **\$6.00**
- ♥ **D** – Salad, cheese & crackers & drink **\$6.00**
- ♦ **E** – Wedges with salad & a drink **\$6.00**
- ♦ **F** – Fish Fingers, salad & a drink **\$6.00**

### **Hot Lunches –**

- ♥ Hot Chicken & Mayo or Hot Ham & Cheese Roll **\$4.00**
- ♦ Mac & Cheese, ♦ Spaghetti Bolognese, ♥ Fried Rice, ♥ Black Bean and Tofu Chilli with Rice, ♥ 4 Veg Lasange, ♥ Veg Risotto, ♥ Mexican Beans & Quinoa **\$4.00**
- ♥ Sushi with Fruit & Veggie Sticks **\$5.00**  
(Tuna, Chicken or Vegetarian)