

Poh's Italian sausage & tomato rice

INGREDIENTS

- 1 1/2 cups Medium Grain rice
- 2 medium onions, peeled, finely diced
- 4 - 5 Italian pork sausages, casings removed
- 2 medium zucchinis, halved lengthways, diced 5mm
- 1/2 cup tomato paste
- Salt and pepper
- 1 tablespoon olive oil
- Fresh parsley, to garnish (optional)

METHOD

Step 1

Start with the rice. Cook Rice following the pack instructions.

Step 2

While the rice is cooking, heat 1 tablespoon olive oil with the pork and onions on a large non-stick fry pan over a medium - high heat. When the onions and mince are browned, add the zucchinis and cook until they are just softened. Add the tomato paste and stir to combine.

Step 3

Then add rice and fold gently to combine. Season to taste. Garnish with parsley for a fresh finish (optional)
