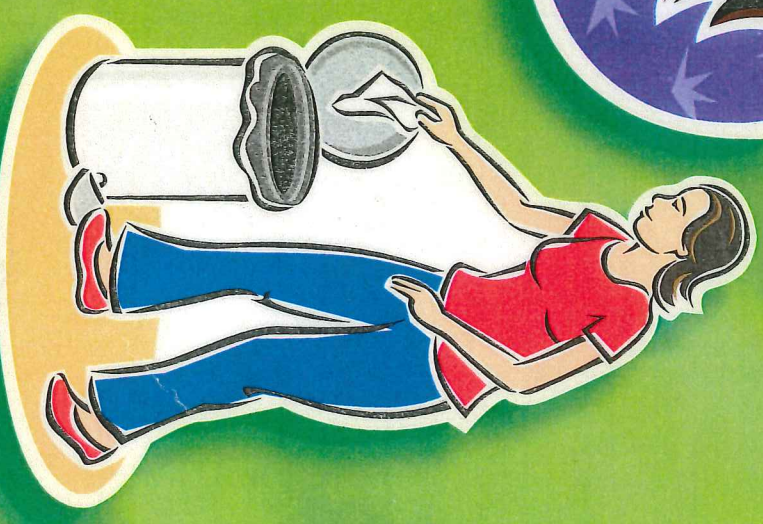


Stop the spread of flu germs

Cover your mouth and nose with a tissue when you cough or sneeze



Put your used tissue in the rubbish bin or in a plastic bag



Gel and Go
squirt the alcohol gel on your hand and rub till dry

or

Wash and dry
your hands often, especially after coughing or sneezing – use soap



Stay away from others if you're sick



Protect your family from inFLUenza



Government of Western Australia
Department of Health

The Ministry of Health acknowledges
the work of Regional Public Health,
Capital & Coast District Health Board
and Hutt Valley District Health Board
in producing this material.

MINISTRY OF
HEALTH
MANATŪ HAUORA