

Secret Harbour Primary School
PARENT INFORMATION AND CONSENT FORM FOR SCHOOL INCURSION



Dear Parent/Guardian

This term the Life Education Van will be visiting our school for two weeks. During this time every class will have the opportunity to visit the van and participate in activities to support and enhance their learning in the Health and Physical Education learning area.

What is Life Education about?

Life Education is a non-government, not-for-profit organisation working with schools to deliver a curriculum-based program that empowers children to make safe and healthy lifestyle choices. We've been operating for more than 35 years, and have delivered our programs to nearly 5 million children throughout Australia in that time.

Our programs support children, teachers and families to explore a range of health topics including nutrition, body knowledge, resilience, decision making, social skills, physical activity, personal safety, medicines, tobacco, alcohol and cybersafety. Providing opportunities to develop knowledge, understanding and skills is important in positively influencing health behaviours.

What do we offer?

Teachers select from a range of age appropriate health, drug and cybersafety modules to best meet the needs of their students. Students visit the Mobile Learning Centre, meet "Healthy Harold" the giraffe, and engage in an interactive learning session featuring props, role play and audio visual material. This session is used as a platform to introduce and explore various health topics, which are then consolidated and extended further back in the classroom using comprehensive student and teacher resources. Modules are grouped into Pre-School, Junior Primary, Middle Primary and Upper Primary, and cover a variety of topics:

Pre-School: a play-based, interactive learning experience related to health, safety and building relationships in their everyday lives.

Junior Primary: Food and nutrition, personal safety, safety with medicines, body systems, social relationships, physical activity.

Middle Primary: Social relationships, self-esteem, body systems, personal safety, safety with medicines, food and nutrition, physical activity, cybersafety.

Upper Primary: Social relationships, body systems, personal safety, physical activity, cybersafety, legal drugs (caffeine, alcohol, tobacco), illegal drugs (if school requests).

